Because Swimming...

**Reduces Fatal & Non-Fatal Drowning**
Swimming lessons reduce the risk of fatal and non-fatal drowning by **88%** among children ages 1–4.

**Increases Physical Activity**
Swimming is a life-long skill, often leading to fun water-based activities, like boating, snorkeling, diving, and fishing.

**Creates Vocational Opportunities**
Competent swimmers are eligible for jobs, such as lifeguard, swim instructor, swim coach, pool facility director, and pool operator.

**Leads to Sports Opportunities**
Ability to swim can mean participating in sports, such as swim team, water polo, and diving, and can even lead to college scholarships.

**Want to learn more?**
Contact Olympian Rowdy Gaines, PHTA’s VP of Partnerships & Development or donate now at stepintoswim.org.